

SHOW YOURSELF SOME LOVE



Take the pressure off yourself. Those other things can wait.

Because now it's time to pay attention to your heart health. Symptoms of heart disease, including high blood pressure and high cholesterol, are easy to ignore but can lead to more serious health issues. Making time for important health screenings and monitoring your heart health are great ways to practice a little self-love and stay healthy.

See if you qualify for a \$49 heart scan to start your journey toward better heart health.



SCHEDULE A \$49 HEART SCAN

FranciscanHealth.org/ScreeningBundles 833-238-0688

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Franciscan HEALTH